



# S.K.I.E.F

SHOTOKAN KARATE-DO INTERNATIONAL  
EUROPEAN FEDERATION



## 47<sup>TH</sup> ANNUAL SKIF-GB SHIRO ASANO NATIONAL CHAMPIONSHIPS (2026)

**Venue:** Nottingham Wildcats Arena – Greenwood Road, Nottingham NG3 7EB  
**Date:** Sunday 12<sup>th</sup> April 2026  
**Times:** 09:00 – 17:00  
**Fees:** £10.00 Individual Event  
£25.00 Team Event  
£3.00 Spectators (Free children under 7 years)  
**Closing Date:** Monday 6<sup>th</sup> April 2026  
**Entry Address:** [skifgreatbritain@gmail.com](mailto:skifgreatbritain@gmail.com)

### Rules for Individual Kumite

- Mixed “Tap” Kumite (Under 10 Years). Mitts aren’t required and to score a point they will need to tap (with control) an opponent’s Shoulder. Shobu Ippon (2 Points), 1 Point will be awarded for each time the competitor scores first with a tap to the Shoulder.
- Mixed Jiyu Kumite (10-11 Years) 3<sup>rd</sup> Kyu & Above. Chudan Techniques only, No Jodan attacks (Mitts & Gumshield is required)
- Male & Female Kumite Events 12-15 years both Chudan and Jodan techniques are permitted, control must be exercised.
- SKIF Approved mitts must be worn for all Jiyu Kumite Events (White mitts are required)
- All competitors competing in Jiyu Kumite, a gumshield is compulsory.
- Allowed protective equipment is box (male) and females may wear chest protectors. All other protection to be cleared by the chief referee.
- Dangerous techniques are not permitted. These include axe kicks and spinning techniques whereby no control or focus can be applied.
- No spectacles, jewellery, false teeth, or unrestrained long hair.
- Clean white Gi’s to be worn with sleeves and trouser bottoms rolled down.
- Dissent against any official, play-acting, appeals to spectators, rude gestures, unsociable behaviour are not permitted and may lead to disqualification.
- The scoring is 90 seconds Shobu Ippon (2 Wazari / 1 Ippon) for Juniors under 16 years and 2 minutes Ippon-Han Sho (3 Wazari / 1 ½ Ippon) for senior 16 Years +. Except in finals when it may be 5 minutes Sanbon-Sho (6 Wazari / 3 Ippon).
- Jogai defined as any part of the foot over the line. First jogai is a warning, second is wazari, third will lose the match irrespective of Ippon-Han or Sanbon-Sho.
- Encho sen (a further 2 minutes because of a drawn fight) – both competitors scores to carry over (including jogai’s)

- Sai Encho Sen (2 minutes with clean score sheet) If still drawn judges to give definite decision.
- There needs to be 4 competitors per event for it to run.
- Awards will be presented for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> (There will be a Fight-Off for Third Place)

### Additional Rules for 3 Man Team Kumite

- 3 members (+1 reserve). Each team member to be male, at least 16 years on the day and of any grade.
- Scoring is 2 minutes Shobu-Ippon (2 Wazari or 1 Ippon).
- In the event of a tie, then countback on team Wazari’s will determine a winner.
- There will be a fight-off for third place.
- The team manager or captain to register the order of fighting before the competition starts, but this order can be changed after any round by re-registration.
- One substitution only allowed (i.e. you cannot choose the freshest 3 out of your 4 men and keep rotating them) and there must be a valid reason for the change (e.g. injury)
- If a team is eliminated, then no member of that team can be substituted into another team in the competition (i.e. you cannot be in a team and be a reserve for another team)
- The winning team will hold the SHIRO ASANO CHALLENGE SHIELD presented by Hanshi Asano for the year and must return it in the same condition that they receive it; **ENGRAVED** and **CLEAN** at the succeeding championship.

### Rules for Individual Kata

	<u>Senior Men/Women</u>	<u>Junior (Age/Grade)</u>	<u>Master</u>
1) Kohaku System (Flag)	Bassai Dai, Jion, Enpi & Kanku Dai	Heian 1-5 & Tekki Shodan	Bassai Dai Jion
2) Tokui Kata Restrictions	Any of the above or Heian 1-5 & Tekki Shodan	No Restrictions	

Preliminary Rounds (Kohaku) for Junior Kata (Age/Grade) & Adult Junior Kata (Grade) Competitors will perform a Heian kata appropriate to the lowest grade competing in that round.

E.G. If a Yellow Belt competes against a Purple and White Belt, the kata selection will be limited to Heian Shodan or Heian Nidan, reflecting the lowest grade (Yellow Belt).

This rule ensures fairness, particularly for students who may have recently graded and still developing proficiency in the next kata within the syllabus.



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**INDIVIDUAL ENTRY FORM**

**KATA EVENTS:**

- Children's Mixed Kata 9 Years & Below (No Grade Restrictions)
- Children's Mixed Kata 10-12 Years (No Grade Restrictions)
- Mixed Kata 13-15 Years (No Grade Restrictions)
- Adult Junior Kata 16 Years + (Kyu Grades Only)
- Female Senior Kata 16 Years + (Shodan +)
- Male Kata 16-39 Years (Shodan +)
- Master Male Kata 40 Years + (Shodan +)

**KUMITE EVENTS:**

- Children's Mixed "Tap" Kumite 5-6 Years
- Children's Mixed "Tap" Kumite 7-8 Years
- Children's Mixed "Tap" Kumite 9-11 Years
- Children's Mixed Kumite 10-11 Years (Brown Belt & Above)
- Female Kumite 12-13 Years (No Grade Restrictions)
- Male Kumite 12-13 Years (White to Purple & White Belt)
- Male Kumite 12-13 Years (Brown Belt & Above)
- Female Kumite 14-15 Years (White to Purple & White Belt)

- Female Kumite 14-15 Years (Brown Belt & Above)
- Male Kumite 14-15 Years (White to Purple & White Belt)
- Male Kumite 14-15 Years (Brown Belt & Above)
- Male Kumite 16-17 Years (White to Purple & White Belt)
- Male Kumite 16-17 Years (Brown Belt & Above)
- Male Junior Kumite 18 Years + (White to Purple & White Belt)
- Master Male Kumite 40-49 Years (Brown & Black Belts)
- Master Male Kumite 50-65 Years + (Brown & Black Belts)
- Female Senior Kumite 16 Years + (No Grade Restrictions)
- Male Senior Kumite 18-39 Years (Brown & Black Belt)

I hereby give permission to SKIF-GB to take official photographs and video images of my child or myself during official SKIF Events and for these images to be published on officially sanctioned SKIF-GB websites, social media and publications, including official videos.

**INDIVIDUAL COMPETITOR DETAILS:**

Full Name: \_\_\_\_\_

Name of Club: \_\_\_\_\_

SKI Licence No: 2026 - \_\_\_\_\_ Current Grade/Belt: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**47<sup>TH</sup> ANNUAL SHIRO ASANO NATIONAL CHAMPIONSHIP (2026)**  
**MALE TEAM KUMITE ENTRY FORM**

Team Kumite Name: \_\_\_\_\_