



**S.K.I.E.F**  
SHOTOKAN KARATE-DO INTERNATIONAL  
EUROPEAN FEDERATION



## 52<sup>ND</sup> ANNUAL SKIF-GB NATIONAL CHAMPIONSHIPS (2026)

**Venue:** Nottingham Wildcats Arena – Greenwood Road,  
Nottingham NG3 7EB

**Date:** Sunday 27<sup>th</sup> September 2026

**Times:** 09:00 – 17:00

**Fees:** £10.00 Individual Event  
£25.00 Team Event  
£3.00 Spectators (Free children under 7 years)

**Closing Date:** Monday 21<sup>st</sup> September 2026

**Entry Address:** skifgreatbritain@gmail.com

### Rules for Individual Kumite

- 1) Mixed "Tap" Kumite (Under 10 Years). Mitts aren't required and in order to score a point they will need to tap (with control) an opponent's Shoulder. Shobu Ippon (2 Points), 1 Point will be awarded for each time the competitor scores first with a tap to the Shoulder.
- 2) Mixed Jiyu Kumite (10-11 Years) 3<sup>rd</sup> Kyu & Above. Chudan Techniques only, No Jodan attacks (Mitts & Gumshield is required)
- 3) Male & Female Kumite Events 12-15 years both Chudan and Jodan techniques are permitted, control must be exercised.
- 4) SKIF Approved mitts must be worn for all Jiyu Kumite Events (White mitts are required)
- 5) All competitors competing in Jiyu Kumite, a gumshield is compulsory.
- 6) Allowed protective equipment is box (male) and females may wear chest protectors. All other protection to be cleared by the chief referee.
- 7) Dangerous techniques are not permitted. These include axe kicks and spinning techniques whereby no control or focus can be applied.
- 8) No spectacles, jewellery, false teeth, or unrestrained long hair.
- 9) Clean white Gi's to be worn with sleeves and trouser bottoms rolled down.
- 10) Dissent against any official, play-acting, appeals to spectators, rude gestures, unsociable behaviour are not permitted and may lead to disqualification.

- 11) The scoring is 90 seconds Shobu Ippon (2 Wazari / 1 Ippon) for Juniors under 16 years and 2 minutes Ippon-Han Sho (3 Wazari / 1 ½ Ippon) for senior 16 Years +. Except in finals when it may be 5 minutes Sanbon-Sho (6 Wazari / 3 Ippon).
- 12) Jogai defined as any part of the foot over the line. First jogai is a warning, second is wazari, third will lose the match irrespective of Ippon-Han or Sanbon-Sho.
- 13) Encho sen (a further 2 minutes because of a drawn fight) – both competitors scores to carry over (including jogai's)
- 14) Sai Encho Sen (2 minutes with clean score sheet) If still drawn judges to give definite decision.
- 15) There needs to be 4 competitors per event for it to run.
- 16) Awards will be presented for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> (There will be a Fight-Off for Third Place)

### Additional Rules for 3 Man Team Kumite

- 1) 3 members (+1 reserve). Each team member to be male, at least 16 years on the day and of any grade.
- 2) Scoring is 2 minutes Shobu-Ippon (2 Wazari or 1 Ippon).
- 3) In the event of a tie, then countback on team Wazari's will determine a winner.
- 4) There will be a fight-off for third place.
- 5) The team manager or captain to register the order of fighting before the competition starts, but this order can be changed after any round by re-registration.
- 6) One substitution only allowed (i.e. you cannot choose the freshest 3 out of your 4 men and keep rotating them) and there must be a valid reason for the change (e.g. injury)
- 7) If a team is eliminated then no member of that team can be substituted into another team in the competition (i.e. you cannot be in a team and be a reserve for another team)
- 8) The winning team will hold the SHIRO ASANO CHALLENGE VASE for the year and must return it engraved, cleaned maintained in good condition at the succeeding championship.

### Rules for Individual Kata

|                            | <u>Senior Men/Women</u>                      | <u>Junior (Age/Grade)**</u> | <u>Master</u>   |
|----------------------------|----------------------------------------------|-----------------------------|-----------------|
| 1) Kohaku System (Flag)    | Bassai Dai, Jion, Enpi & Kanku Dai           | Heian 1-5 & Tekki Shodan    | Bassai Dai Jion |
| 2) Tokui Kata Restrictions | Any of the above or Heian 1-5 & Tekki Shodan | No Restrictions             |                 |

**\*\* For Junior (Age/Grade) competitors are only required to know Kata's up to their current grade \*\***



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**INDIVIDUAL ENTRY FORM**

**KATA EVENTS:**

- Children's Mixed Kata 9 Years & Below (No Grade Restrictions) ☐
- Children's Mixed Kata 10-12 Years (No Grade Restrictions) ☐
- Mixed Kata 13-15 Years (No Grade Restrictions) ☐
- Adult Junior Kata 16 Years + (Kyu Grades Only) ☐
- Female Senior Kata 16 Years + (Shodan +) ☐
- Male Kata 16-39 Years (Shodan +) ☐
- Master Male Kata 40 Years + (Shodan +) ☐

**KUMITE EVENTS:**

- Children's Mixed "Tap" Kumite 5-6 Years ☐
- Children's Mixed "Tap" Kumite 7-8 Years ☐
- Children's Mixed "Tap" Kumite 9-11 Years ☐
- Children's Mixed Kumite 10-11 Years (Brown Belt & Above) ☐
- Female Kumite 12-13 Years (No Grade Restrictions) ☐
- Male Kumite 12-13 Years (White to Purple & White Belt) ☐
- Male Kumite 12-13 Years (Brown Belt & Above) ☐
- Female Kumite 14-15 Years (White to Purple & White Belt) ☐

- Female Kumite 14-15 Years (Brown Belt & Above) ☐
- Male Kumite 14-15 Years (White to Purple & White Belt) ☐
- Male Kumite 14-15 Years (Brown Belt & Above) ☐
- Male Kumite 16-17 Years (White to Purple & White Belt) ☐
- Male Kumite 16-17 Years (Brown Belt & Above) ☐
- Male Junior Kumite 18 Years + (White to Purple & White Belt) ☐
- Master Male Kumite 40-49 Years (Brown & Black Belts) ☐
- Master Male Kumite 50 Years + (Brown & Black Belts) ☐
- Female Kumite 16 Years + (No Grade Restrictions) ☐
- Male Kumite 18-39 Years (Brown & Black Belt) ☐

I hereby give permission to SKIF-GB to take official photographs and video images of my child or myself during official SKIF Events and for these images to be published on officially sanctioned SKIF-GB websites, social media and publications, including official videos.

**INDIVIDUAL COMPETITOR DETAILS:**

Full Name: \_\_\_\_\_

Name of Club: \_\_\_\_\_

SKI Licence No: 2026 - \_\_\_\_\_ Current Grade/Belt: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**52<sup>ND</sup> ANNUAL SKIF-GB NATIONAL CHAMPIONSHIP (2026)**  
**MALE TEAM KUMITE ENTRY FORM**

Team Kumite Name: \_\_\_\_\_